

## SOCIAL SKILLS

Social Skills are key to being able to interact with others but for many can be a real barrier which can sometimes come across to others as a lack of interest, boredom or even rudeness.

### **Real Ideas 21<sup>st</sup> Century Skills**

Get stuff done  
Think differently  
Make a difference

Get on with people  
Find stuff out

Communicate  
Learn new skills

*These materials provide an overview to help raise awareness and understanding. If you have concerns always speak to a member of staff. For support outside of College hours visit our [Out of Hours](#) page your GP, call 999 or visit A&E. You can also visit the [Student support information](#) or [counselling](#) for a list of support services.*